

Attention May 27 2019 OPEN ENROLLMENT FOR MALLORCA 5000 EDITION SKYRUNNING!!!

The Mallorca 5000 Skyrunning is a mountain long-distance race organized by the clubs Matinam x Somiar and Secció de Muntanya de Pollença.

Its distance is of 68km with 5000 m+ and accumulated 11,000 meters, visiting 5 of the emblematic summits of the island of Mallorca.

In this edition, the trademark Land will be the sponsor of the race and the M5000 shall enter within the circuit Land Sort of Spain.

The type of plot contains a high content of the stone typical of the island, very demanding, discovering the wildest part of the Serra Tramuntana Mountains.

The output will be at 6.00 a.m in the town square of Sóller and arrival in Pollença, the goal will be located in El Calvari, with the culmination of climbing the 365 steps of this special place and emblematic of the people, closing the race at 23.00h.

Attention!

The Mallorca 5000 Skyrunning 2019 will have a new model of competition by Relay of 3 runners.

You will be able to create teams of 3 runners where each member, you will have to make one of the three segments created and controlled by elite chip.

Teams will be able to be female, male or mixed.

At each transition will have to pass the only chip by each team.

Arrival at goal will be free, i.e., you can enter with all the members of the group or only the runner that ends the last segment.

The 3 segments of transition are:

- \* 1 section Soller - refugi tossals verds
- \* 2 section refugi tossals segment verd - Coll de sa Batalla.
- \* 3 section Coll de sa Batalla-Pollença.

To end the Race Tou'll have 16 hours.

The path will be the next being able to have some last-minute changes:

Plaza de Soller-Barranc of Biniaraix- Ofre-Franquesa-rateta-tunnels refugi tossals tossals-  
address-font des Prat-cases des Bosc-Coll de sa Línia-Font de s'Avenc-massanella-Camí des  
neveters- Coll de sa Línia -Comafreda -is--Prat coll telègraf voltes Galileu- font coberta de Lluc-  
Coll de sa Batalla- ses Figueroles- aucanella pedragueret-- coll Tomir- Coll des Puig des ca -  
can Huguet - Pollença - Calvari.

Registration:

Day 27 May at 9.00 a.m will open 250 places for the runners.

The price of the registration will be 75 euros for the federated at FBME and Fedme 2019 and 85 euros for non-federated in any of these 2 federations.

To Day 1 August 2019 prices will be respected.

From day 2 to day 31 August the price will be 80 euros and 90 euros not federated.

From day 1 to day September 14 September the price will be 85 euros for Federated and 95 euros does Not Federated.

From day 15 September will not be able to make inscriptions.

Cancellation Policy:

Cancellations made prior to 2 August at 20:00 hours will return a 60% of the price of participation;

Cancellations made prior to 31 August at 20:00 hours, will pay 40% of the price of participation;

Cancellations made on or after 15 September at 20:00 hours does not waive.

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Cancellations made on or after 15 September at 20:00 hours does not waive.

The timing will be done through chip, if you do not have the organization will make available a chip rental service with an additional price of 3 € per chip. It will not be necessary in the federal license, but if the individual insurance, in case of not having it the organization will activate the federal license for a day with an additional price of 10 € per runner.

Bids will be opened up to a maximum of 250 inscriptions. Payment will be made through the gateway of the web page.

Requirements:

Federal License Fedme, License Balear Aut2 or higher, or insurance for a day that will provide the organization .

Being older than 21 years

it is recommended the implementation of a sports physical medical test.

Categories:

according to the Regulations of mountain races the following categories are hereby established:

PROMISE (21-23). Feminine and masculine

SENIOR (24-39). Feminine and masculine

VETERAN(40-49). Feminine and masculine

MASTER 50 (50-54). Feminine and masculine

MASTER 55 (55-59). Feminine and masculine

MASTER 60 (MORE THAN 60). Absolute feminine and masculine

Feminine and masculine °By relay (3 teams). - Absolute Masculine - Absolute Feminine - MIXED ABSOLUTE

Awards:

Garment finisher for finalists.

Trophy will be awarded to the first three of the following categories (MASC AND FEM): Promise (21-23). SENIOR (24-39). Veteran (40-49). MASTER 50 (50-54). MASTER 55 (55-59). MASTER 60 (MORE THAN 60) absolute. .

Absolute relay masculine. .

Absolute relay feminine. .

Absolute relay mixed.

Compulsory MATERIAL:

1liter of water.

Glass or similar container.

Thermal Blanket

Cell batteries

Whistle with sticks or takeaways

recommended cap or Buff.

Authorizes the use of canes provided that protect the tips and carry spare earbuds.

Sunscreen Bag of life that will be delivered to the start of the race in Bunyola, and you will have access to it in the shelter of Tossals.

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Water points :

There Will Be 6 Water points:

Cuber, (liquid) Refugi de tossals (solid and liquid) cases des Bosc ( Liquid) Font de s'hort ( diversion Comafreda). (Liquid) Font Coberta \* ( solid and liquid Important) Coll (liquid) Farrarix pedragueret des reco (liquid)

Additional Services :

Bus: Bus pick-up service: Pto Alcudia in the Parking Lot of the sports hall, second collection point in the Omnisports Center of Pollençà and third in the Cafeteria Anthonys collection of Inca. Price of the service : 10 euros 3.50am pick up at polideportivo Pto Alcudia . 4.10am pick up at Polideportivo in Pollençà. 4.30am pick up at Athonys cafeteria in Inca.

Specifications:

The inscription implies knowledge of the rules of procedure of the Balearic League of the Federation of Mountain and Climbing of the Balearic Islands. To collect the dorsal all participants must show your ID card and the federative card(mode B, AU-2 or higher) in your case.

The runner has the obligation to make the journey through the full signs established by the organization, you must also pass through the water points and controls established by following the instructions at all times of the judges-arbitrators of race.

The retirements will be carried out on the water points as a point of evacuation, immediately notifying the organization of this situation and having transport through the transportation route provided by the organization.

There shall be established a computer closes ranks with the sole task of closing the race go, progressing at the rate limit and neutralizing the corridors in the cut-off points do not comply with the schedule.

There will be two teams of medical evacuation deployed throughout the path.

Vessels will not be delivered by the organization.

The race number of everyone will be put at the front.