



RULES

Date: May 18th, 2013

Start: Sant Ferran, Ctra. de La Mola Km. 6,2 at 6 p.m.

Finish: Paseo de la Marina (La Savina).

Latest arrival time: 8:00 p.m.

Registration deadline: 600 runners

Registration fee:

- 15 €, before April 23rd
- 20 €, from April 24th till May 13th (online registration period will finish on May 13th at 12 p.m.)
- 30 € on Friday May 17th (new registrations will be not accepted on Saturday May 18th)

Note: The name of those who complete their registration before April 23rd will be written in their bib.

Route: Urban and interurban circuit totally closed to traffic. The course is outlined as follows:

High	Itinerary	Km. total
15	Salida Real. Entrada localidad Sant Ferran..	0
5	Avituallamiento. Salida localidad	1
5	Es Pujols. Entrada localidad por Avda. del Mar, dirección Paseo Marítimo, giro izquierda por c/ Espalmador.	2,6
5	Salida localidad, dirección La Savina	3
3	Avituallamiento.	5,5
3	Platja de Ses Illetes, recto dirección La Savina.	5,7
3	La Savina, giro derecha dirección Port.	7,4
2	Meta. Port de La Savina. Paseo de la Marina.	8,1

Provisioning: Water at km 1, 5,5 and at the finish line.

Minimum age: Participants must be 16 on the day of the competition.

Trophies: Trophies for the first three classified in each category. Trophies are not cumulative, it will always prevail "Absolute male" and "Absolute female" categories, excepting "Local absolute male" and "Local absolute female" categories, which trophies are cumulative with other categories.

Categories: The constitution of a category requires the inscription of a minimum of three athletes in said category. To the contrary the Organization reserves the right to invalidate said category and classify athletes in others.

- Absolute masculine.
- Absolute feminine.
- Local absolute male (cumulative trophy with other categories).
- Local absolute female (cumulative trophy with other categories).
- Junior masculine and feminine (01/01/1994 – 18/05/1997)
- Up and coming and senior masculine and feminine (19/05/1978 – 31/12/1993)
- M35 masculine and feminine (19/05/1968 – 18/05/1978)
- M45 masculine and feminine (19/05/1958 – 18/05/1968)
- M55 masculine and feminine (born before 19/05/1958)

Award Ceremony: At the finish line (La Savina), approximately at 7,30 p.m.

Custody service: Bag custody services will be available at the start and finish where participants may leave their personal belongings. Belongings may be reclaimed on stating the bib number of the participant in question. All bags must be identified by a sticker supplied by Organization. Just one piece per runner will be accepted.

Race control: Consisting of a chip installed in participants' shoes.

Those participants with a yellow chip may use it and codify it with the Organization (include code in the inscription form on the web site). Those who do not have a chip can hire a white chip to the Organization when confirming their registration (3 € hire rate + 10 € deposit) and will take them when collecting their bib. 10 € deposit will be reimbursed on returning the chip on finishing the race.

Disqualifications: The following athletes will automatically be disqualified:

- Those not wearing the official trial bib.
- Those not completing the route.
- Those modifying or disguising the publicity on the bib.
- Those wearing another participant's bib.
- Those crossing the finish line without their bib.
- Those ignoring the instructions of the judges or personnel of the Organization.

Disqualified runners will automatically lose the right to opt for trophies.

Gifts: On collecting bibs each athlete will receive a bag with a variety of gifts. Those completing the trial will receive a medal and a diploma reflecting the time achieved, which can be downloaded from our website on May 19th using your bib number.

Medical services: A doctor will be responsible for this service. All athletes with physical and respiratory problems or allergies, etc. who require special attention should notify the Organization prior to the start of the competition and mark it on the back of the bib.

Race insurance: Officially inscribed participants will be covered by an insurance policy which has been taken out by the Organization. Said insurance policy will cover any accidents occurring as a direct consequence of the race. Participants will not be covered for any accidents deriving from declared illnesses or disabilities, lesions, imprudence, negligence, inobservance of Laws or the rules of the race as neither will they covered in the event of accidents taking place in transit to and from the race.

Race security: The Sant Francesc Local Police, the Traffic Section of the Civil Guard, Civil Protection and the Organization will be responsible for the security of the race. Participants should respect any indications made by all those responsible.

Ambulance service: Available at the start, backing the race and at the finish.

Bib collecting:

Place: Sant Francesc Sports Center (Av. 8 d'Agost s/n – close to IES Marc Ferrer)

Friday May 17th from 12 a.m. till 8 p.m. (non-stop service)

Saturday May 18th from 9 a.m. till 1 p.m.

Saturday May 18th from 4 p.m. till 5 p.m. (Sant Ferran (start line) just for pre-registered runners.

Transfer of participants:

Saturday May 18th from the following meeting points and times:

- La Savina (Paseo de la Marina, close to Formentera Mar Tower) at 4:45 p.m.
- Sant Francesc Xavier (Parking de Sa Sanieta – Eroski Supermarket)) at 5:00 p.m.
- Es Pujols (tourism information office) at 5:00 p.m.
- Sant Ferran (in front of Hostal Illes Pitiuses) at 5:00 p.m.
- Mariland crossing (rising up to La Mola), at 5:00 p.m.
- Es Caló (little port parking area), at 5:15 p.m.

Transfer for runners arriving from Ibiza will depart from the maritime station at 4:30 p.m.

Return transfer from finish line will start at 7:30 p.m.

Note: The Organization reserves the right to change the times and places of collection of people for technical reasons, it will be communicated to the participants during the bib collection.

Attention to participants in finish line: Runners will dispose of WC, changing room and showers in finish line, and services of physiotherapists and active recuperation.

Return policy of the registration fee: Up to 25 days before the amount will be returned, but 5 € as expenses. After that period, and always with a justification to be studied by the organization, 50% of registration fee will be refunded (including expenses). On May 15, 2013 and later, cancellations will not be accepted.